

# HYC - Granville Newsletter

## From the EB's Desk

By Kshitiz Shrestha

1<sup>ST</sup> OCT 2020  
VOLUME 1, ISSUE 2

**CREATIVITY** is one of my favorite aspects of team collaboration. Working together, a team can often generate much more innovative ideas than team members can come up with, on their own. Doing this isn't hard — but it does take a willingness to try some unexpected approaches.

While there's no perfect recipe for ensuring creative collaboration every day, I have seen three principles that has worked for HYC- Granville — no matter who's involved. Since joining hands back in July, the past few months have been such an opportunity to every member to know their peers, the formation of the new management, the new team, new agreement, new challenges and above all working together which has led to some fantastic approaches, which we shall share in the next few pages.

But first, let's take a look at what I believe are the three components that HYC-Granville has taken that has given every member an opportunity to think and act creatively.

### 1. Abundance: Share the knowledge

The team has shared data, resources and information freely not only producing better decisions and outcomes, it has also formed a stronger bond between all of its members. This sense of "abundance" has given the team a rich source of ideas and inspiration.

### 2. Trust: Feeling safe to risk it

It's impossible to drive collaboration without a free exchange of ideas, a spirit of openness, fearless sharing, which is essential to building trust. Both clubs opened their arms since the merge and got to work as if it was a bond made decades ago.

### 3. Fun: Yes, seriously!

Having fun has been the most effective tool in keeping this family happy and knitted. Gone are the old traditional ways of meeting, brainstorming session or even training methods. Being fun and bringing fun, has been the "key" in improving team cohesiveness.

And it's so astounding to see each HYC-Granville member adapting these traits without an "ask". We hope to see this collaboration blossom as we take new steps into the new era. With that note, welcome to the 2<sup>nd</sup> edition of the Newsletter.

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# Update on HYC-Granville Collaboration

## HYC-Granville – Annual General Meeting (AGM)

Was held on the 09th August 2020 where new Executive Committee, Advisors and Officials were appointed and established, who are expected to follow the HYC Code of Conduct and deliver their best to serve and rise as one.

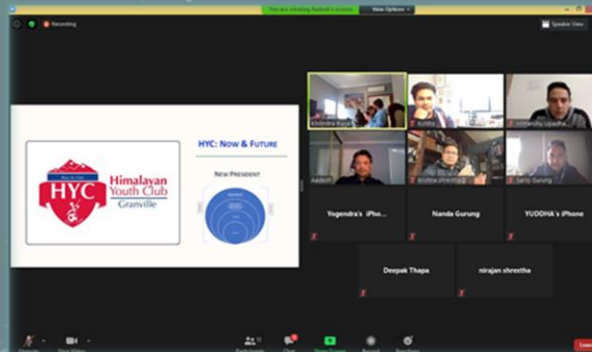
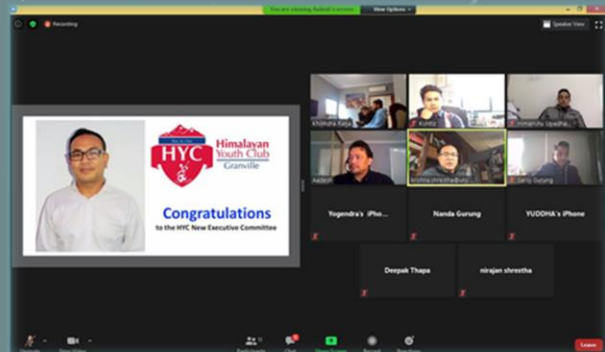
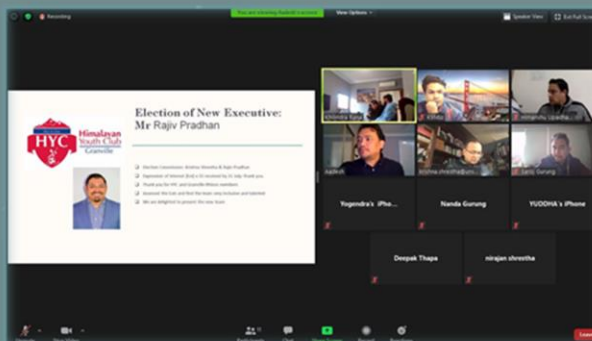
Congratulation, to the newly appointed EC and Advisory board members. We are already seeing a synergistic effect in action and making progress in the right direction.

#	Title	EC Member
1	President	Nabin Rana
2	Vice President	Himanshu Upadhaya
3	Vice President	Bhima Basnet
4	General Secretary	Aadesh Man Singh
5	Joint Secretary	Saroj Gurung
6	Treasurer	Yogendra Bhandari
7	Member - Public Relations / Social Networking Co-ordinator	Kshitiz Shrestha
8	Member - Membership / Volunteer Co-ordinator	Asha Rana
9	Member - Finance & Sponsorship Co-ordinator	Nitu Karmacharya
10	Member - Women & Cultural Co-ordinator	Amrita Pokharel
11	Member - Youth & Student Co-ordinator	Bishwas Shrestha
12	Member - IT/Website Co-ordinator	Nabin Rayamajhi
13	Member - Sports Co-ordinator (General)	Yuddha Lama
14	Member - Football Co-ordinator (Management)	Prabhat Lama
15	Member - Football Co-ordinator (Coach)	Padam Pun
16	Member - Badminton Co-ordinator	Deepak Sharma Paudel

#	Title	EC Member
17	Member - General	Prabhakar Pokheral
18	Member - General	Deepak Thapa
19	Member - General	Super Gurung
20	Member - General	Purna Bahadur Ale
21	Member - General	Dilip Pandey
22	Member - General	Deepak Gurung
23	Member - General	Dal Gurung

#	Title	AB Member
1	Advisor	Krishna K. Shrestha
2	Advisor	Rajiv Pradhan
3	Advisor	Nanda Gurung

... AND here are some presentation screenshot of the virtual meeting on the day.



# Quarterly Run down

## MOU signing ceremony



HYC-Granville has yet again joined forces with our trusted partners below who are as excited as we are in supporting our Nepalese youth in Sydney.

On behalf of the Board Members and HYC-Granville Family, please accept our gratitude for your continuous generous support. With such support, it allows us to preserve and expand our vitals programs and services to individuals and teams and continue to make a difference and further our mission of improving the social engagement and culture.

It was also a good opportunity to introduce ourselves to Julia Finn MP which was well received. It has enabled us to work more closely with the wider Australian community. Picture 2<sup>nd</sup> row 1<sup>st</sup> slide.

Partners: **Sydney Metropolitan International College** and **Edu Hub**

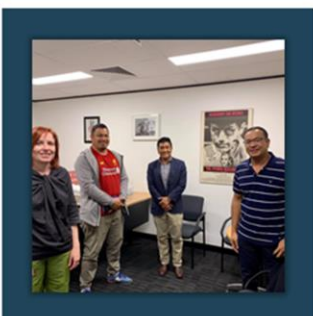
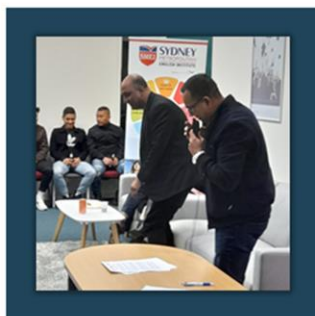
Date: 12th Sept 2020

Venue: Sydney Metropolitan International College @ Burwood

**Outcome:** Successful collaboration between HYC-Granville and Partners to support each other



MOU signing ceremony



## Social Media Exposure



Tirelessly and Tenaciously are two words that I can think of when it comes to “behind the scene hero’s” care for duty and absolute dedication towards keeping a promise. And today, HYC-Granville would like to thank, Nabin Rayamajhi for his outstanding effort in setting up **G Suite for HYC**, upon successful verification of our Non-profit status with Google.

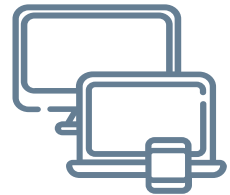
It’s really admirable how you always see projects through from conception to completion Nabin.

G Suite for HYC is now active with the below emails, where you can reach us at.

- [info@himalayanyouthclub.org.au](mailto:info@himalayanyouthclub.org.au)
- [president@himalayanyouthclub.org.au](mailto:president@himalayanyouthclub.org.au)
- [secretary@himalayanyouthclub.org.au](mailto:secretary@himalayanyouthclub.org.au)

Next, Nabin is working on developing HYC website, which has been long overdue. But I guess we were waiting for the right man for the job!

Folks! Don’t forget to read the cozy chat section to find out more about Nabin.



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## HYC-Granville Welfare for members

Is to help and protect HYC-Granville members who may find themselves in need due to an unforeseen circumstances that we wish no one has to bear, but is inevitable.

**Objective:** From the yearly membership fee of \$100 per person from EC Board Members and general members’ over 60 percentage will be set aside to the welfare account.



**In action:** EC Board Members are currently drawing up the framework, policies and code of use of this welfare fund. In the meanwhile, a new dedicated account will also be set up.

# Spring into Fitness

Alright! I am sure you have heard that COVID-19 restrictions are slowly starting to ease during this 2020 pandemic, and we certainly hope and pray that the situation gets better each day. But, please do take care of yourselves and your family and take the right decisions to stay safe and follow the guidelines of the NSW government.

For more details on the situation, you can visit the site at <https://www.nsw.gov.au/media-releases/further-covid-19-restrictions-set-to-ease-from-1-july>

But, if you are out and about & you think you need to do a **home test**, here are some simple guidelines for you to try.

1. Pour a large glass of red wine, try to smell it.
2. If you can smell the wine then drink it & see if you can taste it.
3. If you can taste & smell it, it confirms you don't have Covid. Hooray!!

Last night I did the test 19 times, & all were negative, thank God.

Tonight I am going to the test again, because this morning I woke with a headache & feel like I am coming down with something.

I am so nervous!

Please note, this is not to be followed by children and is only to lighten your mood. But feel free to try and share your results.

**On a Serious Note**, HYC-Granville, took part in Sahara Cup Australia in August. This was the first tournament played with our new team. With little training time they had, the boys played with their heart and soul and reached the 2<sup>nd</sup> round of the knockout.

The fire in your hearts and the determination to get the job done was displayed in the field. You will forever be the epitome of a champion to HYC-Granville, so keep it going.

**Tournament Match Type: knockout**

**Organizer: Sahara Club Australia**

*Tournament Side Format: 11-a-side*

*Date : 16 Aug 2020 to 13 Sep 2020*

Another event to look forward to is the 21st Annual Gorkha Nepalese Club Football Premier League and Minor League that will soon be held by the Gorkha Nepalese Football Association.

This is a huge announcement and many players and fans have been looking forward too. We hope that the 3<sup>rd</sup> wave of Covid-19 will not occur to put a pause again.

*"If you fail to prepare, you're prepared to fail." – Mark Spitz*

ORGANISED BY 21<sup>ST</sup> ANNUAL **GNC FOOTBALL 2019/20** AFFILIATED WITH

**OLI & ASSOCIATES GNC FOOTBALL**  
**PREMIER LEAGUE**  
**MINOR LEAGUE**  
**8<sup>TH</sup> VETERANS (35+) LEAGUE**

**RESUMES**  
**18 OCT 2020**  
**SUNDAY**

WE'RE COVID SAFE

22nd ANNUAL GNC FOOTBALL 2020/21 starts straight after 2019/20 season

TITLE SPONSOR SINCE 2002

Ground Address: Norford Park, Chester Hill (Sydney, Australia)  
MATCH UPDATES @ [WWW.GNC.ORG.AU](http://WWW.GNC.ORG.AU)  
MATCH PHOTOS @ [FACEBOOK@GNCAUSTRALIA](https://www.facebook.com/gncaustralia)

GOLD SPONSORS: LIVE COVERAGE BY

SILVER SPONSOR:

FAIR PLAY AWARDS:

NEPAL PARTNERS:

# Badminton Team

Our home grown Badminton Team had a show-down internally which was played on the 20<sup>th</sup> Sept 2020 at Five Dock Leisure Centre. The team looks confident and I hear the buzz that they can't stop thinking about the match.

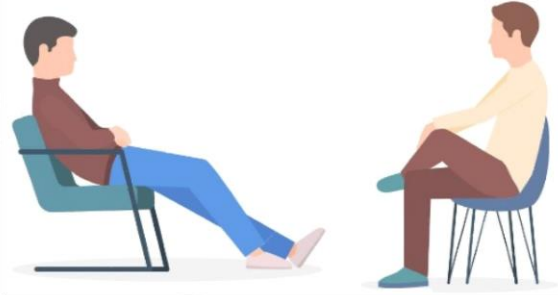


So if you are keen, please contact our sports coordinator (Deepak Sharma – 04497 43 092). Currently the team gets together for a fun session on Saturdays and Tuesdays at Homebush and Seven Hills.

Here are some pictures the team has shared.



# Cozy Chat



1 Nickname

*Mundre (as I was wearing earrings in both ears until about when I was 13 years old!)*

2 What's your favorite music genre?

*Folk / Reggae (like Bob Marley!)*

3 What's one of your favorite memories from the past year?

*Meeting my dad's friends/contemporaries in earthquakes ravaged Gorkha district*

4 What is the strangest meal you've ever eaten?

*Eating Najavo indigenous people's food in Northern Arizona last year that smells nasty and taste really bad, but I still had to pretend that I liked it; not good!*

5 What was the first thing you bought with your own money?

*I bought a T-Shirt in Pokhara over 30 years ago; it's a horizontal stripe ORGAN T-shirt, it's still with me & can't believe its wearable! 😊*

6 How would you describe your job to a bunch of five-year-olds?

*I tell stories, to big boys and girls and I help them to become better*

7 If you could get a new skill in 10 minutes, what would it be?

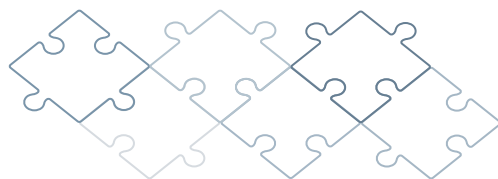
*Playing Guitar and singing – has never been my cup of tea, ever!*

8 What's one thing most people don't know about you?

*I have done almost everything a rural farmer does, as a teenage boy, from milking the buffalo that would give milk only to me, to ploughing the field for rice/ maize/lentils, to growing up with kerosene filled lamp etc. All not as a hobby but as part of everyday life.*

9 What's something you've done, but will never do again?

*Swim in the rising/ flooding river in Nepal's Mountains while raining – not wise as I almost died!*





# Himalayan Youth Club

ISSUE

02

OCT 2020

## Krishan K. Shrestha

Is an Associate Professor at the School of Social Sciences, University of New South Wales, Australia.

He is a development and environmental geographer with interest in social and environmental justice.



His research projects encompass climate change adaptation, political ecology, food security, and disaster resilience. Blending moral philosophy and theories of justice with critical development theories and political ecology, and simultaneously engaging with grand theory and real-world societal challenges. Krishna's work connects these themes with an overarching analytical thread of justice as redistribution and recognition with empirical examples from the Global South, notably Nepal and India.

For further details: <https://www.arts.unsw.edu.au/our-people/krishna-shrestha>



# Cozy Chat



1 Nickname

*Don't really have one but some of my close frens call me Nab*

2 What's your favourite video/board games and why?

*Chinese checkers - builds ability to focus and concentrate*

3 What's your weirdest habit?

*I kinda wash my hands way too often 😊*

4 Are you a beer or wine person?

*Coffee!! If that is an option, the only bitter drink I prefer*

5 What's the coolest thing you're working on right now?

*After HYC website, it has to be the Data Integration/BI project using Naveego & Power BI for a client in Energy industry*

6 What's a trip that changed you, and why?

*2012 US trip – broadened my angle to view to the world*

7 Are you an early bird or a night owl?

*Take a guess! Night owl of course. So, don't forget to turn off your mobile notifications before going to bed 😊*

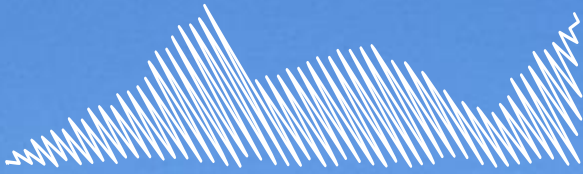
8 Do you cook? What's your favourite recipe?

*Yes, I enjoy cooking in special occasions. Personal fav is Lamb Biryani. Also, enjoy making (and eating of course) Mustard Chicken, Cumin Lamb, Malaysian Curry, Lamb Shanks and Creamy Chicken. I'll need to write down the Lamb Biryani recipe so that I can share it.*

9 If you could snap your fingers and become an expert in something, what would it be?

*Public Speaking*





ISSUE **02**  
OCT 2020



Nabin, is an adaptive and enthusiastic team player, skilled in a broad array of technologies who strives for absolute high standards.

He also has an astounding 13 years of professional experience in the ICT industry.



**Nabin Rayamajhi**

He has been an active volunteer to Nepalese Recreational Club (NRC) as ICT Coordinator for over 10 years and has been continuously supporting Oceania Nepalese Sports Meet (ONSM) in terms of ICT needs. He has also been invited to be part of the Executive Member (ICT) of Bridge The Gap Nepal (BTGN).

Over the years, Nabin has helped these organizations digitally transform and build automated workflows with the efficient use of technology. He has also helped many community/education organizations obtain technology grants/discounts for software and cloud services.

## Last words

2020, has definitely challenged everyone all around the world, but it has seen Hope and Humanity at its best. We do hope that despite all odds, it has somehow been a reminder to stay connected to your loved ones, coz we always knew that neither time nor age waits for anyone, but as they say you don't know that you have until it's gone. The truth is my friends, you always knew what you had, and you just thought that you'd never lose it.

So, as we all wrap up the year, there are still many opportunities to stay connected with your family and friends. Therefore, allow me to be the first to wish you a very Happy Dashain 2077 on behalf of HYC-Granville family. Leaving you with these last few words from the Editorial Board from Eckhart Tolle. See you in the next edition in 2021.

“And suddenly you knew,  
It's time to start something new.  
And trust in the magic of beginning”  
- *Eckhart Tolle*

